

Abstract

A recording and/or reproducing method for a record medium, the method comprising the steps of reading type information from the record medium when data is recorded or reproduced to or from the record medium on which at least the type information has been recorded, reading type information from a recording and/or reproducing apparatus for the record medium, comparing the type information that has been read from the record medium with the type information that has been read from the apparatus, and performing a recording or reproducing process for the record medium using information corresponding to the type information stored in the apparatus when the type information that has been read from the record medium matches the type information that has been read from the apparatus.